

# BONE APPETREAT

Healthful recipes for your furry friend

## About Laurie Southall – author of Bone Appetreat



Her own major health setbacks inspired Laurie to pursue a career helping people, dogs and other small animals in healing for a better quality of life.

She is a Registered Holistic Nutritionist and Allergist, Registered Orthomolecular Health Practitioner and Certified Professional Cancer Coach. Laurie's business includes allergy testing and elimination, iridology, and healthy healing suggestions. Also on the menu are frequent cooking classes in which she shares her knowledge of how to prepare delicious whole food meals. It was her passion for food and nutrition that inspired her to share her joy of cooking not only for humans but also for our canine companions.

Laurie currently runs a successful consulting practice – Designing Your Health – in Grimsby, Ontario. She continues to pursue her education in healing and nutrition, studying for her general diploma in homeopathy with the British Institute of Homeopathy – Canada.



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